

## Earthquake safety

- ❑ Tell the facts about earthquake to your family members
- ❑ Construct new buildings with earthquake resistant method and strengthen the old buildings
- ❑ Insure your house and family members
- ❑ Take the training for first aid and fire fighting
- ❑ Do not keep cots near the glass window
- ❑ Do not keep heavy and fragile things in the selves
- ❑ Do don't hang photo frames, mirrors, or glasses up your bed
- ❑ Keep your important documents, some cash and necessary articles ready in a bag
- ❑ Get your house insured before the earthquake
- ❑ Identify special skills of neighbor (medical, technical) so that it can be utilized in emergency

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### During Earthquake

- ❑ Do not panic
- ❑ If already inside, than Stay indoors! Get under a heavy desk or table and hang on to it.
- ❑ If fire breaks out, drop on the floor and crawl towards the exist
- ❑ If you are out doors during the quake, keep away from buildings, trees and electricity lines. Walk towards open places, in a calm and composed manner.
- ❑ If you are driving, quickly but carefully move your car as far out of traffic as possible and stop. Do not stop on or under a bridge or overpass or under trees, light posts, power lines, or signs. Stay inside the car until shaking stops
- ❑ If you are in a school, get under a desk or table and hold on

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### After the Earthquake

- ❑ Do not be afraid of the aftershocks
- ❑ Listen to radio-TV and other media for Government Announcement
- ❑ Check for injuries to yourself and those around you. Take first aid where you can
- ❑ Extinguish fire, if any
- ❑ Examine walls, floors, doors, staircases and windows to make sure that the building is not in danger of collapsing
- ❑ Do not enter into the unsafe or risky houses or buildings
- ❑ Inspect for Gas leaks-If you smell gas or hear blowing or hissing noises, open a window and quickly leave the building. Don't light your kitchen stove if you suspect a gas leak.
- ❑ Do not keep telephone lines busy unnecessarily
- ❑ Switch off electric lines